You may use the rules for "Customizing Your Origin" from Tasha's Cauldron of Everything. You may also use custom lineage (TCoE) or variant human.

All races, classes, subclasses, spells, and feats published by WotC are permitted

You may use optional class features from Tasha's Cauldron of Everything.

You get an additional Ability Score Improvement at character levels 8 and 16. These cannot be used to gain feats.

Stats are determined using a point buy system. You have to buy stats on this table:

You may choose a background from the books, or you may simply choose 2 skill proficiencies and 2 languages/tools.

5	-6
6	-5
7	-5
8	-4
9	-2
10	0
11	2
12	4
13	6
14	10
15	14
16	20

When leveling up, you roll for Hit Points. Any roll of 1 on the die is rerolled.

Advantage stacks. Double, triple etc. advantage/disadvantage exists. An attack against a creature that cannot see the attacker has advantage if and only if the attacker is able to see the target. A natural 1 means you fail. A natural 20 means you succeed. A natural 20 may in some cases alter the world (e.g. a natural 20 on a perception check means Extra attack and multiattack work as normal when readying the attack action. you found something, even if there was originally nothing to find). Your characters don't eat. Cause I can't be bothered tracking that. Death saves are done in secret, whispered to the GM. You gain a level of exhaustion for going unconscious, as well as for each failed death save. Revivify and Raise Dead are banned. You may still use Reincarnate (see page 3), Resurrection, True Resurrection and Wish to resurrect characters, and Rein-Expanding a long rest by 3 hours allows you to remove an additional level of carnate is added to the wizard and cleric spell lists. exhaustion. This can be done multiple times for the same long rest. Leomund's Tiny Hut is banned. The restrictions for casting multiple spells on your turn are lifted. Paladins may cast prepared spells as a ritual, provided the spell has the ritual tag. Only bludgeoning and psychic damage may be used non-lethally. If you have not taken your turn in the current round of combat, you are allow to reduce your initiative to any number between 0 and your current initiative. Your initiative cannot be raised again. Drinking a potion, or pouring a potion into an unconscious person's mouth is a bonus action. Removing a potion from your own inventory is an object interaction, but removing a potion from someone else's is an action. Recognizing a spell while it is being cast can be done as a free action. It is done by rolling an intelligence (arcana) roll with a DC equal to the spellcasting DC of the caster. Eating more than one goodberry in a single round only provides you with the effects of one. When a wild magic sorcerer casts a spell that does not require an attack roll, they still roll a d20. On a natural 1, a wild magic surge occurs. We use the "Proficiency Dice", "Mixing Potions" and "Scroll Mishap" variant rules. We do not use the "Encumbrance" variant rule. Barring a TPK, an absent player's character cannot die (There have been exceptions to this, but it's really a case-by-case thing). Mundane ammunition is not tracked. This includes thrown items. Inspiration can be expended after any failed d20 roll rolled by any player to

re-roll.

When a mind flayer PC extracts a brain, roll 1d20 plus the Intelligence modifier of the creature being eaten to see what you learn:

≤ 5	1 unimportant piece of information
6-10	2 unimportant pieces of information
11-15	1 important piece of information
16+	2 important pieces of information

On a natural 20, you may also learn a language that the creature knows that you don't.

An echo knight's shadow has the same movement speed as the knight, and movement expended before the shadow is summoned is also expended for the shadow.

On a full moon, lycanthrope PCs will fight to stay in control of their transformed form. Roll a Wisdom saving throw, and consult the following table:

< 5	You rampage and attack your party. You do not gain a
≥ 3	long rest, and get a level of exhaustion.
6-10	You rampage without attacking your party. You do not
0-10	gain a long rest, and get a level of exhausiton.
11-15	You rampage without attacking your friends. You're able
	to calm down after a few hours and gain a long rest.
16+	You're in full control. You gain a long rest.

When using the spell Reincarnate, this table is used instead of the one supplied in the spell description. The options with a * mean you'll have to roll on the corresponding table.

01-02	Aasimar*
03	Astral Lineage*
04-09	Beastfolk Lineage*
10-11	Birdfolk Lineage*
12-16	Dragonborn*
17-25	Dwarf*
26-34	Elf*
35-36	Fey Lineage*
37-38	Firbolg
39-40	Genasi*
41-46	Gnome*
47-50	Goblinoid Lineage*
51-52	Goliath
53-58	Half-elf
59-62	Half-orc
63-68	Halfling*
69-88	Human
89-90	Kobold
91-92	0rc
93	Rare Lineage*
94	Shifter*
95-96	Tiefling*
97-98	Triton
99-00	Yuan-ti

1-2	Fallen
3-6	Protector
7-10	Scourge

1	Giff
2	Githyanki
3	Githzerai
4	Hadozee
5	Plasmoid
6	Thri-kreen

Grung
Harengon
Leonin
Lizardfolk
Locathah
Loxodon
Minotaur
Tabaxi
Tabaxi (Cat)
Tortle

1-2	Aarakocra
3-4	Kenku
5-6	0wlin

01-07	Black
08-14	Blue
15-21	Green
22-28	Red
29-35	White
36-41	Amethyst
42-47	Crystal
48-53	Emerald
54-59	Sapphire
60-65	Topaz
66-72	Brass
73-79	Bronze
80-86	Copper
87-93	Gold
94-00	Silver

1-2	Duergar
3-6	Hill
7-10	Mountain

1	Astral
2-4	Dark (Drow)
5	Eladrin
6-11	High
12	Pallid
13	Sea
14	Shadar-kai
15-20	Wood

1	Centaur
2	Changeling
3	Fairy
4	Satyr

1	Air
2	Earth
3	Fire
4	Water

1-2	Deep
3-6	Forest
7-10	Rock

1-2	Bugbear
3-4	Goblin
5-6	Hobgoblin

1-2	Ghostwise
3-6	Lightfoot
7-10	Stout

1-2	Kalashtar
3-4	Simic Hybrid
5-6	Verdalken

1	Beasthide
2	Longtooth
3	Shiftstride
4	Wildhunt

1	Asmodeus
2	Baalzebul
3	Dispater
4	Fierna
5	Glasya
6	Levistus
7	Mammon
8	Mephistopheles
9	Zariel
10	Rare Variant*

1	Feral
2	Devil's Tongue
3	Hellfire
4	Winged